

We help people who are struggling with drugs or alcohol. We work with adults, young adults, families, carers and affected others across the Wirral.

Our services can support you through your journey to achieve positive goals. We can also give you advice about reducing the harmful effects of drugs and alcohol.

Our services are free and confidential. They're open to anyone experiencing difficulties with drugs or alcohol.



Birkenhead Hub
84 Market Street
Birkenhead
Merseyside
CH41 6HB

Wallasey Hub
151 Brighton Street
Wallasey
Merseyside
CH44 8DU

Nightingales Café and Hub
88-90 Argyle St
Grange Precinct
Birkenhead
Merseyside
CH41 6AG

- T** 0151 556 1335
- E** Wirral.Services@cgl.org.uk
- W** changegrowlive.org/wirral-ways
- f** /WirralWaysCGL
- t** @WirralWays_CGL
- @** @WirralWays_CGL



Provided by



Change Grow Live Registered Office: 3rd Floor, Tower Point, 44 North Road, Brighton BN1 1YR. Registered Charity Number 1079327 (England and Wales) and SC039861 (Scotland). Company Registration Number 3861209 (England and Wales).



Free and confidential drug and alcohol services across the Wirral



Provided by



How we can help

We will work with you to find a plan that works for you:

- Advice and support
- An experienced and supportive keyworker who will support you throughout your recovery journey
- Support with housing and debt issues
- Employment and training support opportunities
- Links to recovery coaches, community fellowships and support from people who share similar life experiences
- An experienced team of health care professionals, nurses and doctors
- Access to our specialist family service
- Connections to a range of local partners in the care sector, and the NHS
- Naloxone – a drug that can reverse the effects of an overdose

There is lots of ongoing support available. We can also refer you to other organisations to get support with lots of different things you might be struggling with.

Our Services

Substance misuse, to help people stop or reduce their substance or alcohol use and achieve recovery.

Criminal justice, to support people leaving prison who wish to continue with their treatment and recovery.

Clinical services for people who need medication as part of their treatment, including a variety of health checks.

Families We support families who have complex needs around parenting. We also help families affected by domestic abuse.

Housing support, working with people to help them find stability and live independently.

Support groups to help people achieve their goals together.



Getting referred

You can be referred to Wirral Ways by a professional, an organisation or you can also refer yourself.

If you would like to get support, please get in touch or visit us at one of our hubs.

Go to:

changegrowlive.org/wirral-ways/referrals

T: 0151 556 1335

Or scan here to refer online:



Scan me

